



**Advocacy is all about supporting you to have your say.**



**Advocacy support makes sure you are listened to and respected.**



**seAp advocates promote your views and work with you to achieve the things you want.**



**seAp is a charity and is not part of Health or Social Services.**



**All seAp Advocacy services are free.**



**We won't tell anyone what you have said to us unless**

- **you want us to**
- **if you or someone you know might get hurt**
- **the Law says we have to**



**If you would like to know more about seAp's Advocacy services, please contact us.**



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**Text SEAP to 80800  
followed by your message**