

Independent Mental Health Advocacy (IMHA)

**Broadmoor Hospital
Crowthorne
Berkshire
RG45 7EG**

If you would like the support
of an advocate please call
our free and confidential
helpline:

01344 754598

The advocacy service is
available from
Monday - Friday
9am - 5pm

This is a free,
independent and
confidential service

If you are unhappy
about the advocacy
service please contact
the **advocacy manager**
based in the Hospital or
contact seAp head office
at the address below:

seAp Advocacy
PO Box 375
Hastings
TN34 9HU



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Company No. 3963421
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Do you feel listened to?

**Our advocacy service
is here to support you**

**We provide
Independent Mental
Health Advocacy
(IMHA) at Broadmoor
Hospital**



What is advocacy?

Advocacy in all its forms seeks to ensure that people, especially vulnerable people, are able to speak out, to express their views and defend their rights.

Advocacy is:

Independent - We do not work for the NHS.

Confidential - We won't tell anyone what you have talked to us about unless you give us permission or you have told us you intend to hurt yourself (or others) or you have done something that breaks the law and/or breaches security.

Empowering - You are in control of the advocacy process and no decisions are made without your consent.

Not concerned with making a judgement about your best interests - You are the expert

on your life and it is your view of what you want to happen that an advocate will act upon.

All patients detained in Broadmoor have a legal right to Advocacy support if they want it

- Our advocates will meet you in private, where possible, to discuss any concerns that you have about your care and treatment or your rights under the Mental Health Act.
- We will spend time with you to find out your wishes and views.
- We will support you to express your views or represent your views on your behalf if you ask us to.
- We do not replace your right to a solicitor.

An advocate can help you get information about:

- Your rights under the Mental Health Act.
- The rights that other people (such as relatives) have in relation to you under the Mental Health Act.
- Conditions or restrictions that affect you.
- Your current or proposed medical treatment, and the reasons for this, including obtaining access to your medical records with your written permission.

If you would like, an advocate can:

- Support you at your CPAs, CTMs, Mental Health Review Tribunals, Hospital Managers Hearings and other meetings that you have with hospital staff.
- Help you to explore options, make informed decisions and be involved in your care plans.
- Ensure that your views are heard in situations where you may feel unable to state your own wishes and concerns.
- Help you to resolve a problem or make a complaint.