

Independent Health Complaints Advocacy



If you are unhappy with your NHS service, you can complain



An advocate from seAp can help you make a complaint



We do not work for the NHS

Your advocate will...



listen to you



support you to say what you think



help you to make choices

Your advocate can...



write letters for you



help you in complaint meetings



talk to other people for you

Contact us for more information



0330 440 9000
local call rate



info@seap.org.uk



PO Box 375
Hastings
TN34 9HU



www.seap.org.uk